

Freckle/Beauty Mark AfterCare Instructions

After care is very important in order to achieve a beautiful and lasting result.

Day of Treatment:

Within 5 hours of treatment, take a clean cotton ball and cold water and wipes the tattooed area gently. Pat dry with a clean paper towel. No body towel or toilet paper to dry. Only clean paper towel sheet.

Day 1-10:

Wash the treated area every morning & night with a gentle cleanser. Wash faced outside of shower for the first ten days and use cold to lukewarm water. Recommend Cetaphil or Cerave. You can use any gentle cleanser that doesn't have active ingredients. (check label of products you want to use to make sure) Pat dry once rinsed with a clean paper towel sheet.

Day 1-10:

Apply Healing Balm provided to the treated area if you feel like your skin is very dry. Otherwise you don't have to use if you don't like. It's up to you and your skin.

Extra Tips for a Healthy Recovery:

- Fresh pillowcase on the night of treatment
- Try your best to avoid sleeping on treated area
- Let any scabbing or drying skin exfoliate away naturally. NEVER rub, pick, or scratch the treated area.
- No facial, botox, chemical treatments, microdermabrasion, or microneedling for 4 weeks
- Avoid hot sweaty exercise for 7 days. Especially hot yoga or saunas
- Avoid any topical makeup, sunscreen, or moisturizers on the face or other treated area for the first 10 days
- No skincare products on face or other treated areas for 10 days.
- Avoid direct sun exposure or tanning/ tanning beds for 2 weeks. Wear a hat when outdoors. Once fully healed I recommend sunscreen on the treated areas to help keep pigment color strong and prevent premature fading. I recommend (Cannasmack Ink Guard SPF 30).
- Avoid face down swimming, lakes, jacuzzis, for the first 10 days.
- Avoid any anti aging or acne treatments on your freckles or beauty marks as best you can from now on. This will cause faster fading or loss of color over a period of time!

Once full healed at 2 weeks, you can go back to regular skin care and daily activities. Wear your sunscreen!
Avoid Petroleum Jelly or Vaseline during your healing period. Causes reaction, crusting, & scabbing.

If an infection or adverse reaction occurs at the procedure site, contact your personal physician for treatment and report to SNHD Special Programs at (702) 759-0677.